


YOPLAIT ORIGINALS				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Blackberry Harvest	6oz	18g	YES
	Blackberry Pomegranate	6oz	18g	YES
	Cherry Orchard	6oz	18g	YES
	Cookies & Cream	6oz	18g	YES
	French Vanilla	6oz	18g	YES
	Harvest Peach	6oz	18g	YES
	Key Lime Pie	6oz	18g	YES

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# PARTNERS

in Quality Care

www.partnersinqualitycare.org  
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	Lemon Burst	6oz	18g	YES
	Mango	6oz	18g	YES
	Mixed Berry	6oz	18g	YES
	Mountain Blueberry	6oz	18g	YES
	Orange Crème	6oz	18g	YES
	Piña Colada	6oz	18g	YES
	Pineapple	6oz	18g	YES
	Strawberry	6oz	18g	YES

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	Red Raspberry	6oz	18g	YES
	Strawberry Banana	6oz	18g	YES
	Strawberry Cheesecake	6oz	18g	YES
	Strawberry Kiwi	6oz	18g	YES
	Strawberry Mango	6oz	18g	YES
	Tropical	6oz	18g	YES
<b>YOPLAIT LIGHT</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Apricot Mango Sorbet	6oz	10g	YES

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	Banana Cream Pie	6oz	10g	YES
	Blackberry	6oz	10g	YES
	Boston Cream Pie	6oz	10g	YES
	Blueberry Patch	6oz	10g	YES
	Harvest Peach	6oz	10g	YES
	Key Lime Pie	6oz	10g	YES
	Lemon Cream Pie	6oz	10g	YES
	Orange Crème	6oz	10g	YES

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	Pineapple Upside Down Cake	6oz	10g	YES
	Raspberry Cheesecake	6oz	10g	YES
	Red Raspberry	6oz	10g	YES
	Red Velvet Cupcake	6oz	10g	YES
	Strawberries 'N Bananas	6oz	10g	YES
	Strawberry	6oz	10g	YES
	Strawberry Orange Smoothie	6oz	10g	YES
	Strawberry Shortcake	6oz	10g	YES

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	Very Cherry	6oz	10g	YES
	Very Vanilla	6oz	10g	YES
	White Chocolate Strawberry	6oz	10g	YES
<b>YOPLAIT WHIPS</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Cherry Cheesecake	4oz	21g	NO
	Chocolate	4oz	21g	NO
	Key Lime Pie	4oz	21g	NO
	Lemon Burst	4oz	21g	NO

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	Orange Crème	4oz	21g	NO
	Peaches 'n Cream	4oz	21g	NO
	Raspberry Mousse	4oz	21g	NO
	Strawberry Mist	4oz	21g	NO
	Vanilla Crème	4oz	21g	NO
<b>YOPLAIT THICK AND CREAMY</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Peaches 'N Cream	6oz	28g	NO
	Vanilla	6oz	28g	NO







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YOPLAIT THICK AND CREAM LIGHT				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Key Lime Pie	6oz	12g	YES
	Lemon Meringue	6oz	12g	YES
	Strawberry	6oz	12g	YES
YOPLAIT LACTOSE FREE				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Cherry	6oz	18g	YES
	French Vanilla	6oz	18g	YES
	Peach	6oz	18g	YES

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	Strawberry	6oz	18g	YES
<b>YOPLAIT LARGE 32OZ CONTAINER</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Plain	226g	13g	YES
	Harvest Peach	8oz	30g	YES
	Strawberry	8oz	30g	YES
	Strawberry Banana	8oz	30g	YES
	Vanilla	8oz	30g	YES

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YOPLAIT GO BIG POUCHES				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Cherry & Peach Mango	113g	12g	YES
	Mixed Berry & Strawberry	113g	12g	YES
	Strawberry	113g	12g	YES
YOPLAIT MULTIPACK				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Blackberry Pomegranate And Blueberry	170g	10g	YES
	Cherry Orchard and Harvest Peach	170g	18g	YES
	French Vanilla and Orange Crème	170g	18g	YES

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	Light Strawberry and Harvest Peach	170g	10g	YES
	Original Strawberry and Harvest Peach	170g	18g	YES
	Strawberry	170g	18g	YES
	Strawberry and Blueberry Patch	170g	10g	YES
	Strawberry and Harvest Peach	170g	18g	YES
	Strawberry and Mixed Berry	170g	18g	YES
	Strawberry and Mountain Blueberry	170g	18g	YES
	Strawberry and Strawberry Banana	170g	18g	YES

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YOPLAIT CUSTARD				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Banana	150g	19g	YES
	Blueberry	150g	19g	YES
	Caramel	150g	19g	YES
	Lemon	150g	19g	YES
	Strawberry	150g	19g	YES
	Vanilla	150g	19g	YES






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YOPLAIT GREEK 100 PROTEIN				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Apple Pie	150g	6g	YES
	Banana Caramel	150g	7g	YES
	Black Cherry	150g	7g	YES
	Blackberry Pie	150g	7g	YES
	Blueberry	150g	7g	YES
	Boston Cream Pie	150g	7g	YES
	Coconut	150g	7g	YES

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	Key Lime	150g	7g	YES
	Lemon	150g	7g	YES
	Mango	150g	7g	YES
	Mixed Berry	150g	7g	YES
	Orange Crème	150g	6g	YES
	Peach	150g	7g	YES
	Pineapple	150g	7g	YES
	Raspberry	150g	7g	YES

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	Strawberry	150g	7g	YES
	Strawberry Banana	150g	7g	YES
	Strawberry Cheesecake	150g	7g	YES
	Tropical Fruit	150g	7g	YES
	Vanilla	150g	7g	YES
<b>YOPLAIT GREEK 100 WHIPS</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Black Cherry	113g	12g	YES
	Blueberry	113g	12g	YES

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	Chocolate Cherry	113g	12g	YES
	Coconut Macaroon	113g	12g	YES
	Lemon Meringue	113g	12g	YES
	Peaches & Cream	113g	12g	YES
	Raspberry	113g	12g	YES
	Salted Caramel	113g	12g	YES
	Strawberry	113g	12g	YES
	Strawberry Cheesecake	113g	12g	YES







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	Vanilla Cupcake	113g	12g	YES
<b>YOPLAIT GREEK 2% WHIPS</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Cherries 'n Cream	113g	14g	YES
	Coconut Cream	113g	14g	YES
	Strawberries 'n Cream	113g	14g	YES
	Vanilla Cream	113g	14g	YES
<b>YOPLAIT GREEK REGULAR</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Blueberry	150g	18g	YES

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	Coconut	150g	19g	YES
	Peaches & Cream	150g	15g	YES
	Strawberry	150g	18g	YES
	Strawberry Raspberry	150g	18g	YES
	Vanilla	150g	18g	YES
<b>YOPLAIT GREEK LARGE SIZE</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Plain	225g	6g	YES
	Vanilla	225g	6g	YES

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YOPLAIT GREEK MULTIPACK				
	Flavor	Serving Size	Grams of Sugar	Creditable
	Black Cherry	150g	9g	YES
	Strawberry	150g	18g	YES
	Strawberry Banana	150g	8g	YES
	Strawberry Cheesecake	113g	12g	YES
	Vanilla	150g	7g	YES
	Vanilla Cupcake	113g	12g	YES

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## YOPLAIT DIPPERS\*

\*These do not credit because nutrition information is not separated by yogurt and non-yogurt components. Therefore, the creditability of the yogurt cannot be calculated.


	Flavor	Serving Size	Grams of Sugar	Creditable
	Caramelized Banana Greek Yogurt + Choco-Drizzled Pretzels	131g	16g	NO
	Coffee Chocolate Chunk Greek Yogurt + Cinnamon Crisps	131g	16g	NO
	Chipotle Ranch Greek Yogurt + Tortilla Chips	124g	4g	NO
	Raspberry Chocolate Chunk Greek Yogurt + Choco-Drizzled Pretzels	131g	16g	NO
	Toasted Coconut Greek Yogurt + Honey Oat Crisps	131g	16g	NO
	Vanilla Bean Greek Yogurt + Honey Oat Crisps	131g	17g	NO

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YOPLAIT KIDS				
	Flavor	Serving Size	Grams of Sugar	Creditable
	El Chavo Berry & Strawberry	113g	13g	YES
	Frozen Strawberry & Blueberry	113g	13g	YES
	Guardians of the Galaxy Strawberry Banana & Berry	113g	13g	YES
	Princess Berry & Strawberry	113g	13g	YES
	Scooby - Doo Strawberry Banana & Strawberry	113g	13g	YES
	Strawberry Banana with Whole Milk	113g	11g	YES
	Strawberry with Whole Milk	113g	11g	YES

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	Teenage Mutan Ninja Turtles Strawberry & Cotton Candy	113g	13g	YES
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## YOPLAIT TRIX

	Flavor	Serving Size	Grams of Sugar	Creditable
	Cotton Candy / Wildberry	113g	13g	YES
	S•rawberry Bananna Bash / Raspberry Rainbow	113g	13g	YES

## YOPLAIT GO-GURT

	Flavor	Serving Size	Grams of Sugar	Creditable
	Strawberry Banana + Watermelon	56g	8g	NO
	Berry + Strawberry	56g	8g	NO
	Cotton Candy + Melon Berry	56g	8g	NO
	Strawberry Watermelon + Punch	56g	8g	NO
	Raspberry + Strawberry Banana	56g	8g	NO
	Berry + Strawberry	56g	8g	NO

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	Berry + Cherry	56g	8g	NO
	Strawberry + Cotton Candy	56g	8g	NO
	Strawberry + Mixed Berry	56g	8g	NO
	Strawberry + Vanilla	56g	8g	NO
	Berry + Strawberry	56g	8g	NO
	Cotton Candy + Strawberry Banana	56g	8g	NO
	Strawberry + Vanilla	56g	8g	NO
	Punch + Strawberry Banana	56g	8g	NO
<b>YOPLAIT SIMPLY...GO-GURT</b>				
	<b>Flavor</b>	<b>Serving Size</b>	<b>Grams of Sugar</b>	<b>Creditable</b>
	Strawberry	56g	8g	NO
	Strawberry + Mixed Berry	56g	8g	NO

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